## Stage 4 PDHPE outcomes

### PDHPE Outcomes – A student:

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.6</td>
<td>describes the nature of health and analyses how health issues may impact on young people.</td>
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<tr>
<td>4.7</td>
<td>identifies the consequences of risk behaviours and describes strategies to minimise harm</td>
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<tr>
<td>4.12</td>
<td>assesses risk and social influences and reflects on personal experience to make informed decisions</td>
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<tr>
<td>4.16</td>
<td>clarifies the source and nature of problems and draws on personal skills and support networks to resolve them.</td>
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### Students learn about

- **road safety**
  - defining risk factors and behaviours in a range of road environments and situations
  - protective behaviours and equipment
  - influences on pedestrian, passenger and wheeled device behaviour
  - laws and rules

- **exploring risk**
  - positive and negative risk
  - settings or circumstances in which risk-taking occurs
  - factors influencing risk-taking
  - outcomes of risk behaviour

- **strategies to minimise harm**
  - acquiring knowledge
  - safe attitudes eg. Concern for others, impunity, responsibility
  - developing personal skills eg. Conflict resolution, assertive behaviour, problem-solving, refusal skills
  - safe and supportive environments
  - recognising, assessing and responding to risk situations

### Students learn to

- examine the relationship between risk factors, environments and laws and rules in determining road-user behaviour

- explore the concept of risk by investigating the following:
  - what is a reasonable degree of risk?
  - why do people take risks?
  - influence of gender on risk behaviour

- debate the positive and negative outcomes of engaging in risk behaviours

- describe strategies to minimise harm in each of the following real life situations when:
  - as a pedestrian, passenger and user of wheeled devices